

The Swift Path to Great Bliss:
A Sādhana of Amitābha, Buddha of Limitless Light

revealed by Tertön Sogyal Lerab Lingpa

*I prostrate to Amitābha, the Buddha of Limitless Light!
For this sādhanā of Amitābha, first take refuge and generate bodhicitta, then
practise the following visualization and recitation:*

While experiencing the emptiness nature of all phenomena,
I meditate on all-pervasive loving compassion.
Within that state of emptiness and compassion
All that appears and exists is the pure realm of great bliss.

In its centre, upon a lotus and moon disc seat, my own awareness is the
syllable **HRIḤ**.

From it light radiates out, accomplishing the twofold benefit—for myself and
others.

I am transformed into the Bhagavan, the transcendent accomplished
conqueror, Amitābha, Buddha of Limitless Light, red in colour,
With one face and two hands, resting in the mudrā of equanimity,
Holding an almsbowl filled with nectar.

His two legs are in the posture of immutability.
His enlightened body wears the three dharma robes.
With major and minor marks, he is utterly perfect,
Supreme embodiment of the buddhas' five kāyas,
Appearing yet devoid of inherent nature.

At his heart, upon a moon disc, is a red syllable **HRIḤ**,
Encircled by the mantra in a clockwise direction, radiating light.
All the sugatas, just as visualized, are invited and dissolve into the
visualization.

Dza Hung Bam Ho

Light radiates from the mantra, bringing twofold benefit—for self and others.

All forms that appear are pure as Amitābha;

All that resounds is in essence the sound of mantra;

All thoughts, all concepts are pure as the five wisdoms.

In the state of great bliss, I recite the mantra:

Om Ami Dewa Hrih *as many times as you can (or 108x)*

*By reciting this eleven-syllable root mantra three hundred thousand times, you will attain accomplishments. Full mantra is **Om Ami Dewa Ayu Siddhi Hung Hrih***

Then rest, without visualising the appearance of the deity. <Meditation>

Follow this with dedication and aspiration prayers (below).

This practice will dispel untimely death in this life and lead you in future along the path of great bliss and liberation. So, fortunate ones, take it to heart. Samaya.

This was deciphered from the yellow scrolls of Lerab Lingpa's treasure text by Gyalwang Thubten Gyatso. Translated by Ane Ngawang Tsöndrü, 2015. Revised and edited for Lotsawa House.

Dedication & Sukhāvātī Aspiration Prayers

by Jamgön Mipham Rinpoche

For those who wish to be reborn in the blissful pure land, there is a practice that incorporates the four causes of rebirth in Sukhāvātī. For this, you should focus one-pointedly on the form of Buddha Amitābha, recite his name at least seven times each day, and perform the following:

Guide of Limitless Light—Amitābha—turn your enlightened attention towards me!

Just as you, a victorious one, generated the mind of bodhicitta,

I too now set my mind on unsurpassable, supreme awakening,

And whatever sources of virtue I have created, I dedicate

So that I may be reborn in your presence, supreme victorious one,

Within the western pure land of Sukhāvātī,
There to perfect entirely all the beneficial activity of an heir to the victorious
ones.

As soon as I depart from this life,
May I miraculously take birth in that pure realm of Sukhāvātī,
And having received a prophecy from the Guide of Limitless Light,
May I bring perfecting, maturing and purifying to completion!

Amitābha, Buddha of Limitless Light, to you I pray!
Having set my mind on the attainment of supreme awakening,
As I dedicate all my sources of virtue towards rebirth in that supreme land of
great bliss,
Grant your blessings so that this aspiration may be fulfilled! <Drum & Bell>

*By the one named Dhīḥ. Formatting changes to all English and other minor format
changes by Khenpo Drimed Dawa.*

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