

100-Syllable Mantra

**Om Benza Sato Samaya
Manu Palaya
Benza Sato Tenopa
Tishta Drido Mé Bhawa
Suto Khayo Mé Bhawa
Supo Khayo Mé Bhawa
Anu Rakto Mé Bhawa
Sarwa Siddhi Mé Prayatsa
Sarwa Karma Sutsa Mé**

**Sitam Shriya Kuru Hung
Ha Ha Ha Ha Ho
Bhagavan
Sarwa Tathagata
Benza Mamé Muntsa
Benzi Bhawa
Maha Samaya Sato
Ah (3X)**

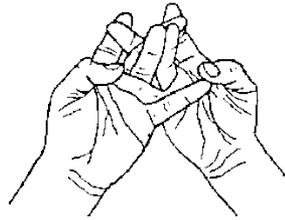
Mandala Offering to the Three Kayas

Om Ah Hung

In the Dharmakaya pure realm,
dharmadhatu equality,

The realms of the five Sambhogakaya
families self-appear unobstructedly,
Along with the array of Nirmanakaya
pure realms that fill all of space.

All this I offer as Samantabhadra's clouds of great bliss.



**Om Ratna Mandala Pudza Mégha Samudra Saparana Samayé
Ah Hung** <Snap fingers and/or bell>

Short Seven Limb Prayer

Whatever merit I have gathered through prostrations, offerings,
confession, rejoicing, requesting, and praying – for the sake of the
enlightenment of all sentient beings – all this I dedicate.

The Seven Line Prayer & Guru Yoga

HUNG In the northwest of the land of Orgyen,
In the heart of a lotus flower,
Endowed with the most marvelous attainments,
You are renowned as the lotus-born,
Surrounded by many hosts of dakinis.
Following in your footsteps,
I pray to you: Come and bless me with your grace!
Guru Pémé Siddhi Hung (3X)

Mantra**Om Ah Hung Benzra Guru Pémé Siddhi Hung (108X)**

Light radiates from the Guru's four places into my four places purifying my body, speech, mind and all subtle obscurations, granting the four empowerments and planting the four seeds. The Guru dissolves into light and merges inseparably into myself.

Meditation: *Dissolve visualization and rest in the natural state of pure awareness.*

Closing Prayers

Blessing: *Musical Chant - Om Ah Hung Hri*

Long Life Prayers**H.H. the Dalai Lama**

For this realm encircled by snow-covered mountains
You are the source of every benefit and bliss without exception.
Tenzin Gyatso, you who are one with Avalokiteshvara,
May you remain steadfast until Samsara's end!

H.H. Khenchen Lama Rinpoche

In the Dharmadhatu appearing as Amitabha,
In the Sambhogakaya form as wisdom Buddha Manjushri,
Padmasambhava's heart son Sangye Yeshe,
Incarnated as Padma Dagnag Lingpa in previous life
And Paljea pa Dorjee in this lifetime,
May your life be longer than the duration of samsara
So that all your virtuous intentions can be accomplished.
Please give me your heart blessings so that
My mind is united with yours in the Buddha nature.
So, I pray!

Yogi Khenpo Drimed Dawa

Émaho!

You understand the knowable objects of Samsara, Great Teacher.
You have realized the intent of the sacred Dharma, Yogi Khenpo.
Your Dharma practice is Unification of the Two.
Khenpo Drimed Dawa, "Stainless Moon", may you live long!

Wish for Bodhicitta

**Om Ah Hung Shri Ananta Benzra Sarwa Siddhi Phala Hung
Ah**

Glorious, precious root lama,
Sit on the lotus seat on the crown of my head.
With your great kindness please accept me.
Please bestow the realizations of body, speech, and mind.

In all the activities of the glorious lama,
May no wrong view arise even for a moment.
By the devotion of seeing whatever he or she does as perfect,
May the blessing of the lama enter my mind.

Throughout the succession of my lives,
From the perfect lamas may I never be separated and,
Enjoying the glory of the Dharma,
Perfect all the qualities of the stages and the paths
And swiftly attain the stage of Vajradhara.

The lamas who have become the glory of the Dharma, may their
lives be stable;
May the land be entirely filled with Doctrine-holders;
May the wealth and power of the patrons of the Doctrine
increase,
And may the auspiciousness of the Doctrine remain forever.

Bodhicitta, the excellent and precious mind.
Where it is unborn, may it arise.
Where it is born, may it not decline,
But ever increase, higher and higher.

Dedication

I dedicate the merit of this practice for the benefit of all sentient
beings! (3X) <*Bell & Drum*>